

OVERCOMING FEAR BIBLE STUDY

There are two types of fear in the Bible. One type, the fear of God, is an empowering fear. It makes us surrender in awe to God and His majesty. The other type of fear is a paralyzing or debilitating fear. Instead of empowering us, this type of fear overwhelms us and keeps us from acting in obedience to God.

- I. READ II TIMOTHY 1:7.
 - What has God not given us?
 - What does God give us?
 - If God doesn't give us a spirit of fear, who does give us a spirit of fear?

- II. The words "fear not" are found 365 times in the Bible. Why do you think God gave us a "fear not" for each day of the year?

- III. READ THE FOLLOWING "FEAR NOT" VERSES. WHAT IS THE HOLY SPIRIT TELLING US IN EACH OF THESE VERSES?
 - Genesis 15:1
 - Exodus 14:13
 - Deuteronomy 31:6,8
 - Psalms 23:4
 - Psalms 27:1
 - Psalms 56:3,4,11
 - Isaiah 41:10,13
 - Matthew 10:26-31
 - John 14:27
 - I John 4:18

- IV. APPLICATION
 - If I live in fear, what will my life be like?

 - If I "Fear not" what will my life be like?

